

JOIN THE CLUB!

Enjoy delicious hot lunches served at your school!



- ✓ No more packing lunches
- Real food at an affordable price
- Litterless lunch
- V Discover new tastes and cultures
- ✓ Fuels kids' brains for learning
- ✓ Kids share healthy meals with friends
- ✓ No added work for your school!
- Monthly online payments, no strings attached

Starting @ \$5/lunch + HST

Includes a protein + whole grain + vegetable & fresh fruit

- Choose between Omnivore or Herbivore meal plans
- Value Meal option available at TDSB schools only (\$4/lunch + HST)
 - Discounts offered to families with multiple kids enrolled
 - Davs of service vary by school

Visit rfrk.com for more info!



1. Kids bring reusable lunchware + cutlery & water bottle

4. Kids bring lunchware home to be washed. then the whole cycle repeats



How it Works

2. Enthusiastic **RFRK Lunch** Club Coach dishes out lunch



Register online or by phone!

416.410.KIDS (5437) rfrk.com lunchclubs@rfrk.com



RealFoodKitchn



RealFoodForRealKids

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